

Tackling Submission Overload and Peer Review Fatigue: Charting a Smarter Course for Digital Publishing

Introduction

Digital scholarly publishing is at a pivotal moment. Recent shifts to online-first platforms, wider access to research, and a global push for faster, broader sharing of knowledge have led to an unprecedented surge in manuscript submissions. For small and midsize publishers, this boom isn't just a sign of growth—it's also bringing mounting challenges. Editorial teams are juggling an increasing volume of submissions while trying to uphold high standards, and peer reviewers—the backbone of quality—are feeling the pressure more than ever.



If you're a digital publishing manager, these challenges likely feel intensely familiar. Submission overload not only disrupts daily workflow and strains resources, but also poses risks to your reputation and long-term sustainability. Understanding the drivers of this surge, pinpointing operational weaknesses, and implementing pragmatic solutions are now essential to your success. Consider this your guidebook for navigating submission and review fatigue—and building a more resilient digital publishing operation.

1. Unpacking the Surge: Why Submission Volumes Are Soaring

The data tells a clear story: manuscript submissions are soaring, especially in fast-changing fields like medicine, social sciences, and tech. Several key trends are driving this increase.

First, the global research landscape has expanded rapidly. Universities in Asia, Africa, and Latin America are producing more research, supported by new funding and collaborations worldwide. At the same time, easier-to-use digital submission systems have broken down barriers. Now, an early-career scientist in Buenos Aires can submit to a top European journal just as easily as a researcher in London.

Plus, the well-known “publish or perish” culture has evolved. Career growth, grants, and reputation now rely heavily on publication metrics. This has led to not only more submissions but also more frequent ones, with many researchers splitting single studies into multiple papers, a practice called “salami slicing.”

While this creates more opportunities, it also results in an overwhelming flood of submissions, sometimes of lower quality—that tests the limits of traditional editorial workflows.

2. Peer Review Pain Points: Fatigue, Delays, and Dwindling Reviewer Pools

Peer review is the backbone of academic quality, but it’s under serious pressure.

Finding reviewers has become a major challenge. The same small group of experts is overwhelmed with review requests from multiple journals, leading to widespread “reviewer fatigue.” This fatigue results in more declined invitations, missed deadlines, and superficial reviews.

As reviewer pools shrink, the workload on remaining reviewers grows, making participation less appealing. If these issues aren’t addressed, the review process slows down, decision times lengthen, authors become frustrated, and errors may slip into published research.

For small and midsize publishers, with limited reviewer networks, these problems hit even harder.

3. Editorial Teams Under Pressure: Picking Apart Operational Pain Points

Behind the scenes, many editorial teams are hampered by outdated processes that can’t keep up with the digital publishing surge.

Commonly, manuscript tracking is managed with spreadsheets or scattered emails, leading to repetitive tasks, miscommunications, and duplicated efforts. Assigning reviewers, meeting deadlines, and making decisions become time-consuming chores—bottlenecks multiply as submission volumes grow.

The result? Growing backlogs, longer decision times, missed publication deadlines, and overlooked issues. In high-pressure situations, mistakes happen—errors go unnoticed, standards slip, or problematic manuscripts are accepted by accident.

For many publishers, daily operations become a fragile balancing act with little room for error.

4. The Ripple Effects: Author Dissatisfaction and Damage to Reputation

These operational issues impact authors just as much. When manuscripts sit for months or feedback arrives late or incomplete, trust in your journal quickly erodes.

Disappointed authors share their experiences online, at conferences, or privately. Over time, this can tarnish the reputation you’ve worked hard to build, especially if stories of delays or poor reviews spread.

The risks are even greater if operational lapses allow low-quality or fraudulent research to slip through. Retractions, corrections, and accusations of “predatory publishing” can damage your credibility and brand—especially in the close-knit academic community.

In short, internal inefficiencies don’t stay hidden. They have outward-facing consequences that threaten your journal’s standing, trust, and financial stability.

5. Smart Tech Solutions: Automating Workflows to Build Resilience

Adding more staff isn’t a scalable solution, especially for small publishers. Automation is the key.

Modern AI and machine learning tools can help your overburdened team. They can perform initial checks, ensuring manuscripts follow guidelines, flagging ethical issues, and even suggesting suitable reviewers based on expertise and past work.

Workflow automation can assign reviewers automatically, send reminders, track deadlines, and improve communication between editors, reviewers, and authors. By automating repetitive tasks, your team can focus on more important decisions and quality control. This boosts efficiency, reduces bottlenecks, and minimizes manual errors.

Today’s automation tools are flexible and easy to use, making advanced capabilities accessible even for smaller publishers.

6. Rethinking Peer Review: Innovative Models and Ways to Re-engage Reviewers

Traditional peer review is under huge pressure, but innovative approaches are emerging.

Some publishers are experimenting with models, such as:

- Open peer review, where reviewer identities and comments are shared publicly to increase transparency.
- Collaborative review, where multiple reviewers discuss a manuscript together or interact directly with authors, leading to clearer, more comprehensive feedback.
- Post-publication review, which shares research immediately and invites ongoing feedback from the wider community.

These new approaches distribute the review workload and can improve quality and transparency—if implemented thoughtfully. But technology is only part of the answer.

Motivating reviewers is crucial. Beyond simple thank-yous, many publishers now offer tangible recognition: credits on platforms like Publons or ORCID, professional development opportunities, fee waivers, or small honoraria. Showing genuine respect for reviewers’ time encourages ongoing participation.

7. Editorial Clarity: Strengthening Policies and Communication

Technology alone can't fix everything—you need solid policies and good communication.

Set clear, strict submission guidelines. Require proper formatting, disclosures, ethical statements, and clear relevance. This helps filter out unsuitable or low-quality submissions early, saving your team time later.

Keep authors, reviewers, and editors well-informed. Regular updates on timelines, clear expectations, and straightforward submission requirements build trust and reduce confusion. Clear communication minimizes unnecessary emails and frustrations, keeping the process smoother for everyone.

8. Sustaining a Strong Reviewer Community

Having a large and engaged reviewer community is key to operational resilience.

Offer onboarding and ongoing training—covering policies, ethics, and new tools—to show you value your reviewers. Short webinars, helpful guides, or mentorship programs for new reviewers can boost their satisfaction and the quality of reviews.

Growing your reviewer pool also helps. Smaller publishers can expand by joining external reviewer databases, partnering with other journals, or collaborating with universities. While sharing reviewers across publishers needs trust and coordination, it's an effective way to combat reviewer shortages.

9. Data-Driven Editorial Agility

Data is your secret weapon today.

Use analytics dashboards to track submission trends, peak periods, and bottlenecks. This helps your team plan ahead rather than constantly reacting to crises. Regularly review key metrics—like turnaround times, acceptance rates, and reviewer responsiveness—to identify areas for improvement.

Some publishers hold semi-annual reviews with editors, reviewers, and authors to gather honest feedback. Using real-time data to guide improvements helps your operation become more resilient and efficient over time.

10. Lessons from the Field: How Small Publishers Are Winning Against Submission Overload

Here are some inspiring examples:

- A mid-sized biomedical journal saw submissions double during the pandemic. By using AI to triage submissions early, they cut unsuitable manuscripts by 30%, halved their decision times, and let editors focus on quality.
- A small humanities publisher partnered with three university presses to share reviewers. This boosted reviewer acceptance by 40% and cut review times by two weeks.

- A tech publisher gamified peer review with leaderboards, badges, and awards—resulting in a 25% increase in reviewer participation in just a year, without paying reviewers.

These cases show that small publishers can compete by adopting smart technology, engaging reviewers creatively, and continuously improving processes.

Actionable Takeaways for Sustainable Growth and Excellence

- Audit your editorial process to find and fix bottlenecks.
- Use early triage and clearer submission rules to reduce overload.
- Invest in automation tools to handle repetitive tasks, no matter your team size.
- Try new peer review models like open or collaborative review to lighten reviewer load.
- Keep reviewers engaged through training, recognition, and community efforts.
- Use data analytics to make informed, timely decisions.
- Regularly gather feedback from editors, reviewers, and authors to keep improving.

Conclusion: From Survival Mode to Strategic Leadership

Submission overload and review fatigue are now standard challenges in today's scholarly publishing landscape. For digital publishers, excelling operationally isn't just about survival; it's about leading the way. Your reputation, agility, and resilience will determine your long-term success.

Don't wait for delays or errors to become crises. Start by reviewing your processes, adopting smart technologies, and nurturing your reviewer community. Ready to future-proof your operations and grow sustainably? Contact us to explore tailored solutions for small and midsize publishers. The future of digital publishing belongs to those who work smarter—not harder.

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